The Butchers Club.

Join ‘The Butcher’s Club’ for exclusive benefits

View our club packages overleaf.

No App, no hassle, just a Digital Wallet Pass.

Come back and scan below to sign up & ‘Spin the wheel’ to receive a complimentary gift to redeem on your next visit.

THE BUTCHER'S CLUB

The Apprentice Butcher.

FREE

Subscribe now to 'spin the wheel' & guarantee a complimentary gift to redeem on your next visit.

Half price bottled wine every Monday

EVERY MONDAY enjoy half priced bottled still wine or £5 corkage when you bring your own throughout all venues

Spin the wheel for complimentary gifts & vouchers

AFTER EACH VISIT get the opportunity to 'spin the wheel' & guarantee a complimentary gift. From desserts & side dishes to sharing steaks, drinks & vouchers.
(worth £5-£105)

Birthday gift

Sent straight to your wallet pass

Within 12 months...

ACCUMULATE 2500 POINTS
Receive a £100 Cow & Sow gift card

Terms and conditions apply. Minimum sign up 3 months.
Cancel anytime thereafter, subject to 30 days' notice.
Full terms available through the QR code.

The Master Butcher.

£65 PER MONTH

Subscribe & receive a set of 2x Cow & Sow premium branded wine glasses (worth £28) plus a premium Cow & Sow branded hoody or sweatshirt. (worth £40)

ALL THE BENEFITS OF THE APPRENTICE BUTCHER PLUS:

2 Single cuts steaks

EACH MONTH receive 2 complimentary single cut steaks, each including a sauce or butter of choice. Choose from beef or pork & enjoy together on one visit or each on two separate occasions (worth up to £70)

OR

Picanha Sharing steak

EACH MONTH chose your Picanha sharing steak from our ageing fridge. Enjoy with 2 sauces/butters + 2 sides of choice (worth up to £75)

Bottle of Cow & Sow Malbec

EACH MONTH receive a bottle of Cow & Sow Malbec to drink in (worth £45)

Premium Birthday gift

Sent straight to your wallet pass

Priority WhatsApp concierge & fast-track booking

Get exclusive access to our Concierge Service via Whatsapp, to make your reservations and queries hassle free

Invitation only events

Be the first to hear about exclusive invitation only events such as wine tasting for our list updates and food sampling to help us get vital feedback on menu development. (usually bi-annually).

Within 12 months...

ACCUMULATE 2500 POINTS
Receive a £100 Cow & Sow gift card

ACCUMULATE 5000 POINTS
Receive an exclusive **Natural Norfolk Living** gift

THE BUTCHER'S CLUB

The Connoisseur Butcher.

£105 PER MONTH

Subscribe & receive a set of 2x Cow & Sow premium branded wine glasses (worth £28) plus a premium Cow & Sow branded hoody or sweatshirt. (worth £40)

ALL THE BENEFITS OF THE APPRENTICE BUTCHER PLUS:

Sharing steak of choice

EACH MONTH enjoy a sharing cut with 2 sauces/butters + 2 sides of choice. Choose from Picanha, Tomahawk, Chateaubriand or Porterhouse (worth up to £105)

Bottle of Cow & Sow Malbec

EACH MONTH receive a bottle of Cow & Sow Malbec to drink in or take home (worth £45)

OR

Bottle of Henners English Sparkling

EACH MONTH enjoy a bottle of premium English Sparkling to drink in (worth £70)

Signature cocktail

EACH MONTH a choice of 'Signature' cocktail (worth up to £14)

Premium Birthday gift

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Drinks.

COCKTAILS

Aperitifs.

Bellini 9.75
Choose between peach, raspberry or pomegranate.
Luce D'Oro Spumante Brut, peach, raspberry or pomegranate purée

The classic martini 12.50
No.3 London dry gin, dry vermouth, lemon peel

English garden 10.50
gin, Edwards 1902 Elderflower liqueur, fresh mint, cucumber, apple juice

Apple pie martini 12.50
vanilla vodka, apple, cinnamon

Filthy martini 12.50
olive infused gin, brine, dry vermouth, olive oil

Grapefruit & apricot martini 12.00
vodka, apricot liqueur, grapefruit juice, pink peppercorn

Pink peppercorn margarita 12.00
blanco tequila, hibiscus, pink peppercorn, triple sec

Aperol spritz 10.50
Aperol, Prosecco, orange

Hugo spritz 11.50
Edwards 1902 Elderflower liqueur, Prosecco, mint

Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens.

COCKTAILS

Cow & Sow signatures.

Sow & The City 12.00
gin, dry vermouth, lemon peel

Sow punch 2.0 11.50
white rum, orange, apple, passion fruit, white peach

Spicy passion fruit margarita 12.00
chilli infused tequila, triple sec, lime, passion fruit purée

Blackberry collins 10.50
gin, blackberry, lemon, soda

Mez-groni 11.50
Mezcal, Campari, sweet vermouth

Bakewell sour 11.50
amaretto, bourbon, lemon, cherry

Hard iced tea 11.50
gin, white peach, Edwards 1902 elderflower liqueur, lemon, tea

Rum old fashioned 13.00
Diplomático reserva rum, orange bitters, sugar

The Nightcap 13.00
Jameson, Martell VS, tawny port, cherry brandy, chocolate bitters

After Dinner

Tiramisu espresso martini 12.50
vanilla vodka, amaretto, coffee liqueur, espresso, speculoos cream

Boozy hot chocolate 9.50
Clifton hot chocolate, Cointreau, Licor 43, speculoos cream

Salted caramel espresso martini 12.50
vodka, coffee liqueur, salted caramel, espresso

Irish coffee Jameson, coffee, sugar, double cream 9.50

Two cases.

Every week we order two cases of something a bit different, so there is always something new and interesting to taste. Please ask your server for our red and white specials.

Enjoy wine?

MONDAYS

Enjoy any still wines from our list at half price or bring your own bottle for just £5 corkage.
To qualify simply sign up to our free loyalty programme, **'The Butcher's Club'**, and download the digital wallet pass.

BOTTLESHOP

Have a favourite wine on our list?

We can now offer our entire list at a reduced price to take home. Enjoy up to 60% off our list prices.

Sparkling wines.

	125ml	Bottle
Luce D'Oro Ribolla Gialla Spumante Brut Veneto, Italy (ve)	8.65	36.00
Ceradello Prosecco Spumante Brut Veneto, Italy (ve,o)	9.20	40.50
Pyren Vineyard Earthscape Sparkling red Shiraz, Pyrenees, Australia (ve)		50.00
Henners English Brut East Sussex, England (ve,s)	12.60	73.50
Henners English Rosé East Sussex, England (ve,s)	12.60	73.50
Taittinger Brut Reserve Champagne, France (ve)		80.00
Dom Perignon Vintage Champagne, France (ve)		250.00
Magnum		1500ml
Taittinger Brut Reserve Champagne Champagne, France (ve)		160.00

White wines.

COASTLINES & RIVERS	125ml	175ml	Bottle
Vila Nova Vinho Verde Portugal (ve)	7.30	10.20	36.50
Cave de l'Ormarine 'Carte Noire' Picpoul de Pinet Languedoc, France (s)	7.30	10.20	36.50
Ontañón Tempranillo Blanco Rioja, Spain (ve,s)	8.70	11.55	47.00
Pisano Cisplatino Albariño Région Progreso, Uruguay (ve)			45.00
Domaine du Pré Semelé Sancerre Loire, France (s)			67.00
Henners Gardner Street Bacchus Chardonnay East Sussex, England (ve,s)			58.00

THE CLASSICS	125ml	175ml	Bottle
El Tesoro Verdejo Castilla y León, Spain (ve)	6.00	8.10	31.00
Mirabello Pinot Grigio Venezie, Italy	6.60	9.05	34.00
La Battistina Gavi Piemonte, Italy (ve,s)	8.60	11.45	44.00
The Myth of Motu Nui Sauvignon Blanc - Aconcagua, Chile (ve)	7.45	10.20	38.00
Heaphy Sauvignon Blanc Nelson, New Zealand (ve)			50.50

A TOUCH OF OAK	125ml	175ml	Bottle
Shadow Point Chardonnay San Bernabe, California (ve)	8.70	11.45	44.00
Wildeberg White WO Franschhoek, South Africa (ve)			50.00
Domaine de la Motte Chablis Premier Cru Vau-Ligneau Burgandy, France			69.00

WINES

Orange wine.

	125ml	175ml	Bottle
Emiliana Animalia Casablanca Valley, Chille (ve,o)	8.80	11.85	46.00
Dye Bleeding Skin contact Grenache Gris WO Paarl, South Africa (ve)			48.50

Rosé wines.

	125ml	175ml	Bottle
Ancora Pinot Grigio Rosé Lombardia, Italy (ve)	6.25	8.30	32.50
Vila Nova Vinho Verde Rosé Vinho Verde, Portugal (ve)	7.30	10.30	36.50
Maison Boutinot Cuvée Edalise, Côtes de Provence Rosé Provence, France (ve)	8.65	11.55	45.00
Magnum Maison Boutinot Cuvée Edalise, Côtes de Provence Rosé Provence, France (ve)			1500ml 93.50

(ve) Vegan · (v) Vegetarian · (o) Organic · (s) Sustainable

Vintages listed are subject to variation, please check with your server

WINES

Red wines.

MOUNTAINS & VOLCANOES	125ml	175ml	Bottle
Portal da Estrela Tinto Dão, Portugal	7.20	9.45	35.00
Domaine Mas Bahourat Merlot Pays du Gard, France (ve)	7.60	10.40	40.00
Conviviale Primitivo Puglia, Italy (ve)			45.50
Shadow Point Pinot noir Monterey, California (ve)	8.80	11.70	48.00
Wildeberg Red WO Franschhoek, South Africa (ve)			50.00
Château Maucoil Châteauneuf-du-Pape Tradition Rouge Rhône, France (ve,o)			82.50

TRADITIONAL HEARTLANDS	125ml	175ml	Bottle
Boutinot 'Les Coteaux' Côtes du Rhône Villages Rhône, France (ve)			39.50
Les Pivoines, Beaujolais Villages Beaujolais, France (ve)	8.45	11.05	43.50
Artesa Rioja Crianza Rioja, Spain (ve,s)	8.80	11.65	48.00
Château de Luc AOP Corbières Corbiers, France (ve,o,s)			51.50
Rippa Dorii Ribera del Duero Crianza Ribera Del Duero, Spain	9.25	11.40	52.00
Clos de la Cure, Saint-Émilion Grand Cru Bordeaux, France (v)			70.50
Nebbiolo d'Alba, Poderi Colla DOC, Piemonte, Italy (ve)			74.50
Magnum Ontañón Rioja Reserva DOCa Rioja, Spain 2015			1500ml 97.50

(ve) Vegan · (v) Vegetarian · (o) Organic · (s) Sustainable

Red wines. (continued)

FINE AND RARE	125ml	175ml	Bottle
Exempt from half price Mondays			
Clay Shannon Cabernet Sauvignon Lake County AVA. California, USA			72.50
Keith Tulloch The Kester Shiraz Hunter Valley NSW, Australia			75.50
Peter Lehmann Masters Mentor Cabernet Sauvignon Barossa Valley, Australia			84.00
Domaine du Monteillet, 'Cuvée du Papy', Saint-Joseph Rouge Rhône, France			91.50
Château Tayac, Margaux Bordeaux, France			102.00
Bussia Barolo, Poderi Colla DOCG, Piemonte, Italy			107.00
Pra Morandina Amarone Veneto, Italy (ve)			126.00
Pierre Bourée Fils Gevrey-Chambertin Gevrey-Chambertin, Burgundy, France (ve)			136.50
Clos 56, Pomerol Bordeaux, France (ve)			162.00

A BRAVE NEW WORLD	125ml	175ml	Bottle
Cuvée Jean-Paul Rouge Méditerranée, Rhône, France (ve)	6.00	8.10	31.00
Novas Gran Reserva Carmenère Valle del Cacha, Chile (ve,o,s)	8.45	10.95	42.50
Valley of the Sun Lebanese Lebanon			42.50
Smalltown Vineyards The Black Craft Shiraz Barossa Valley, Australia	8.90	12.15	49.50
Cline Cellars 'Old Vine' Zinfandel Lodi, California (ve)			52.50

Vintages listed are subject to variation, please check with your server

Red wines. (continued)

THE MALBECS

	125ml	175ml	Bottle
Cow & Sow Malbec Cabernet Franc Coastal Region, South Africa (ve,s)	8.60	11.45	47.00
Magnum available on request, subject to availability			98.00 (*1500ml*)
Bressia Monteagrelo Malbec Mendoza, Argentina (ve)			63.00
Cadus Finca Las Torcazas Single Vineyard Malbec Mendoza, Argentina (ve)			96.00

Dessert wines.

	50ml	100ml	Bottle
Palazzina Moscato d'Asti Vendemmia Tardiva Piemonte, Italy (ve,s)	6.05	9.80	31.50 (375ml)
Kardos Tundermese Late Harvest Tokaj, Hungary	6.50	10.45	42.00 (500ml)

Port.

	50ml	100ml
Zuccardi Malamado Fortified Malbec Mendoza, Argentina	5.00	9.50
Krohn Ruby Douro, Portugal	4.75	8.70
Krohn Tawny Douro, Portugal	4.75	8.70
Krohn Lágrima White Douro, Porugal	5.00	9.50

SPIRITS

Vodka.

	25ml
Absolut vodka	3.75
Titos	4.00
Belvedere	5.10
Edwards 1902	5.20

Gin.

LONDON DRY GINS	25ml
Bombay Sapphire	4.00
Salcombe	5.50
Sipsmith	5.10
Hendricks	5.70
6 O'clock	5.70
No3 London dry gin	5.70
Monkey 47	7.75

ALTERNATIVE GINS	25ml
Tarquins Rhubarb and Raspberry	5.70
Sipsmith Lemon	5.70
Salcombe Rose	6.00

Rum.

	25ml
Havana Especial	4.25
Havana 3yr old	4.25
Havana 7yr old	4.50
Red Leg spiced	4.25
Goslings Black seal	4.40
Kraken Spiced	4.40
Bacardi coconut rum	4.40
Diplomatico reserva	6.00
Ron Zacapa 23yr old	10.00

SPIRITS

Whiskey & Bourbon.

	25ml
Bulliet bourbon	5.00
Jack Daniels	4.10
Woodford reserve	5.30
Jamesons Irish Whisky	5.30
Wild Turkey Bourbon	5.20
Shanky's Whip black Irish coffee liqueur	4.00

Scotch Whiskey.

	25ml
Glenmorangie 12yr	5.75
Laphroaig 10yr	6.25
Dalwhinnie 15yr	7.25
Oban 14yr	10.50
Lagavulin 16yr	10.50
Macallan 18yr	24.00

Tequila & Mezcal.

	25ml
Olmeca Silver	4.20
Take blanco	4.50
Herradura anejo	5.95
Fortlenza blanco	8.20
Monte Alban mezcal	6.70
Quiquiqui Riqui mezcal	7.30

Cognac & Brandy.

	25ml
Hennesey VS	5.50
Remy Martin VSOP	7.10
Hennesey XO	16.50

BEER & CIDER

Draught.

	Pint	Half
Infinity Helles lager 4.6% Bristol Beer Factory (gf)	6.90	3.50
Korev Cornish Lager 4.8% St Austell Brewery	6.90	3.50

Bottles & Cans.

Menabrea blonde 330ml 4.8%	5.85
Menabrea 330ml 0.0%	4.00
Clear Head alcohol free IPA Bristol Beer Factory 440ml 0.05%	5.25
Orchard Pig Reveller Medium sparkling cider 500ml 4.5%	6.85
Orchard Pig Truffler Dry sparkling cider 500ml 6.0%	7.00

Guest & Local Cans.

Please ask your server for our current beer offering

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SOFT DRINKS

Alcohol-free cocktails. all 7.50



Mocktini
passion fruit, pineapple, lime



Blood orange spritz
blood orange, 0% prosecco, soda



Blackberry nojito
blackberry, mint, lime, syrup, soda



Tulip club
cranberry, raspberry, pineapple, lime, syrup



Virgin Bellini
Choose between peach, raspberry or pomegranate.
0% Prosecco, peach, raspberry or pomegranate purée

House sodas



Blood orange punch 7.50



Orange & rosemary soda all 3.80
Raspberry lemonade
Peach lemonade

Coca Cola 4.25
330ml bottle

Diet Coca Cola 4.25
330ml bottle

Franklins & Sons 3.00
200ml
Indian tonic
Light tonic
Elderflower & cucumber tonic
Pink grapefruit & Bergamot tonic
Ginger beer
Ginger ale

Selection of juices 3.00

Cow & Sow are proud to support Frank Water.

Frank Water Projects is a charity registered in England & Wales. No. 1121273

Now offering draught filtered still & sparkling water, Cow & Sow are donating a proportion of the proceeds of our water sales. These proceeds will support those most in need of fresh water supply. Put simply, for every £12 raised, one person in need will have access to water for life.

Unlimited refills of still or sparkling filtered water are charged at £2 per cover. Alternatively, filtered water can be made available and charged by the glass at £1.50.

Read more about Frank Water on our Charity & Partnership page: